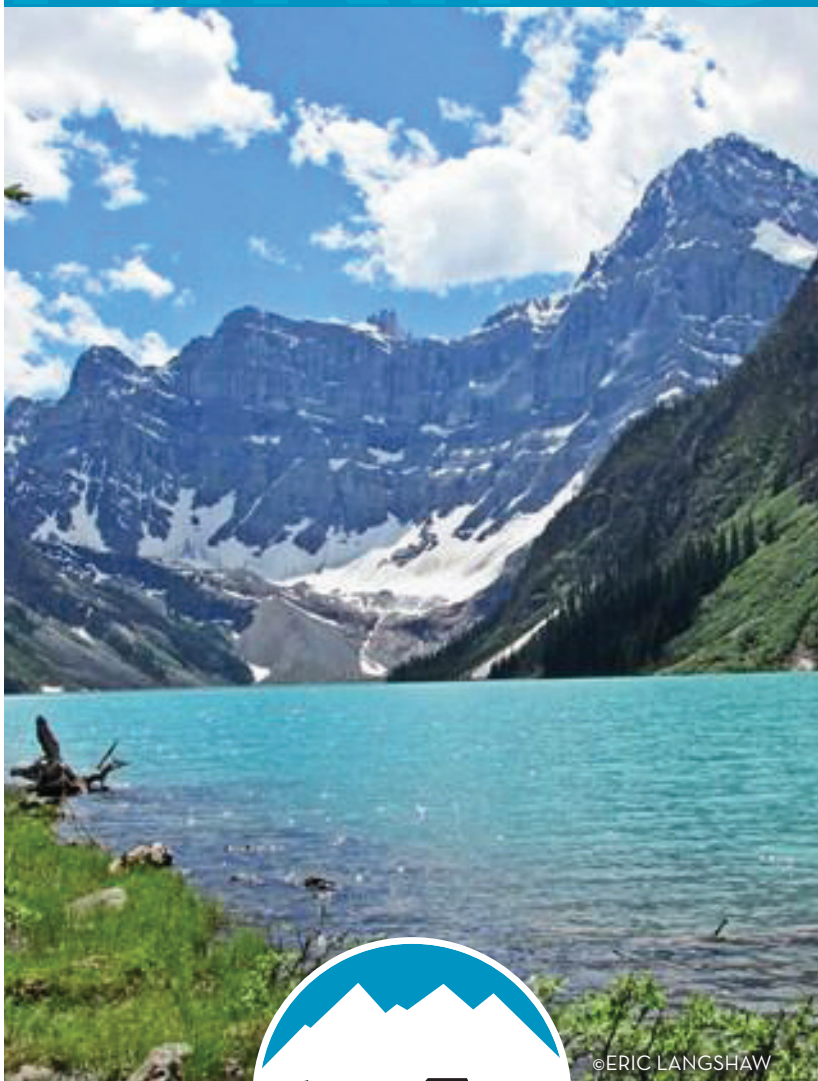


# CHEPHREN LAKE



©ERIC LANGSHAW



**The Crossing**  
ICEFIELDS PARKWAY

HIKE & ATTRACTION CENTRAL

**t. 403-761-7000**

Mailing Address:  
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Canada T0L 1E0

**[thecrossingresort.com](http://thecrossingresort.com)**

# HIKING

## CHEPHREN LAKE

**Rating:** Moderate

**Distance:** 7.0 km (4.4 mi) round trip

**Max. Elevation:** 1755 m (5750 ft)

**Elevation loss/gain:** + 105 m (345 ft) - 42 m (140 ft)

**Approx. time:** 3 hrs round trip

**Footwear:** Light to good hiking boot

**Best months to hike:** Early June to late September

**Trail head:** Waterfowl Lakes campground 19.3 km south of The Crossing Resort on the Icefields Parkway.



The trail starts at the Mistaya River footbridge at the back of Waterfowl Lakes campground. If you are not camping there then drive in entry and left down to the end of the service road and follow the signs around the back of the campground to the bridge. Cross the river and start your climb up through the forest for 1.3 km (0.8 mi.) to a junction where you can now follow the trail to the right that goes to Chephren Lake or to the left to continue to Cirque Lake. From this junction continue to your right and follow the trail. There is not much for elevation changes from this point on but you may find the trail can be muddy at times.

There is limited views on this trip because you are mostly in subalpine forest but you will see a nice meadow by the trail. After descending to the lake on a short part of the trail you will have good views of Howse peak and Mt. Chephren. This is pronounced ("Kefren").

Great place for a photo to get your Hike & Attraction passport stamped at The Crossing Resort.



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